



Leadership in Nursing – An interactive online course

Course information

The European Nurse-Lead consortium has developed a Massive Open Online Course (MOOC) about "Leadership in Nursing". This course provides an introduction on leadership in nursing and aims at strengthening the leadership competencies and professional development of nurses and bachelor nursing students.

The course has several learning objectives:

- ✓ To define leadership and its importance
- ✓ To explore leadership models and approaches
- ✓ To define and practice leadership skills
- ✓ To explore and practice the five practices of the "Exemplary Leadership model" of Kouzes and Posner
- ✓ To explore the first steps as a leader in Evidence Based Practice (EBP)
- ✓ To define global trends and challenges in nursing and their impact

Who can participate?

The course particularly focusses on nurses working in clinical practice (all areas) and bachelor nursing students. However, the course is expected to be valuable for all nurses, from less experienced nurses working in clinical practice to master students in nursing as well as specialized nurses in clinical care. Although it is not required to work in clinical practice when following the course, prior experience in clinical practice is beneficial. The course focuses on personal leadership and therefore a formal leadership position is not required.

Content of the course

This course consists of eight learning units:

- Learning unit 0 – Introduction
- Learning unit 1 – Leadership
- Learning unit 2 – The Five Leadership Practices
- Learning unit 3 – The first steps as a leader
- Learning unit 4 – Shadowing a leader
- Learning unit 5 – Leading Evidence Based Practice
- Learning unit 6 – The global context of nursing
- Learning unit 7 – Evaluation

Working on the course

The course is offered in the online learning environment of Elevate. The course is an individual course consisting out of self-study. However in some assignments you will be able to interact with other nurses from different countries.

You will be able to access the online learning environment in Elevate 24 hours per day. Therefore, you can access the learning activities and the course materials anytime. There are no fixed times and all communication in the course is asynchronous. The course remains open until August 2020. During this period you can explore and work on the course (materials) as much as you want.

Learning methods

This course includes diverse types of learning activities. For example:

- ✓ Reading texts
- ✓ Watching videos
- ✓ Performing quizzes
- ✓ Voting on statements
- ✓ Writing assignments
- ✓ Self-reflection assignments
- ✓ Shadowing a nurse leader
- ✓ Providing peer feedback

Study load

The study load of this course is expected to vary based on the individual work pace and the English language proficiency. However it is expected that you need at least seven to eight weeks and approximately 42 hours to complete the course.

Language

Due to the international nature of the Nurse-Lead project, all communication in the course is in English.

Certificate

To successfully complete the course you need to complete all required learning activities. If you have done this you will be able to download a certificate.

Cost

The course is free of charge and is offered by Erasmus Plus and the Nurse-Lead consortium with partners from:

- Faculty of Nursing, University of Iceland, Iceland*
- Nursing Science Department, UMC Utrecht, the Netherlands*
- Nursing Science Department, University of Turku, Finland,*
- Institute for Health and Nursing Science, Halle (Saale), Germany*
- Institute of Health Sciences, Vilnius University, Lithuania*
- The Nursing School of Lisbon, Portugal*
- Elevate Online Academy, UMC Utrecht, the Netherlands*

Application

Do you want to follow this course? Please register through:

<https://elearning.elevatehealth.eu/orderdirect/nlc/1054>. Do you have questions about this course? Please send an email to: Lisa van Dongen, project manager Nurse-Lead, L.J.C.vanDongen-5@umcutrecht.nl.