



Leadership in Nursing – An interactive online course

Healthcare – and nursing – face huge challenges worldwide because of ageing populations, increasing prevalence of chronic illness and greater emphasis on self-care. Also, today's healthcare demand that healthcare professionals provide evidence-based, effective and cost-effective care to patients. Nursing care must adapt to meet these challenges. Therefore the interest in leadership in nursing has been growing through the past years. There is growing evidence for leadership practices positively impacting outcomes in various healthcare settings, including nursing. Strong leadership practices have a positive impact on patients, professionals and healthcare outcomes.

To strengthen the leadership practices of nurses, the Nurse-Lead consortium with leading nursing scientists from Germany, Iceland, Finland, Lithuania, Portugal and the Netherlands developed an interactive online course called "Leadership in Nursing". This course is valuable for all nurses, but especially for bachelor students and nurses working in clinical practice in all areas of care. The course will introduce the concept of (personal) leadership and is expected to strengthen your leadership practices and professional development. The course consists of eight learning units and concerns the following topics:

- ✓ Leadership definitions, theories and models
- ✓ Leadership skills and competences
- ✓ The Exemplary Leadership model of Kouzes and Posner
- ✓ Clinical leadership
- ✓ Leading evidence-based practice
- ✓ Global trends and challenges in nursing

Besides, the course focusses on professional development by self-reflection, self-assessments and shadowing of a nurse leader.

Leadership in Nursing Science is offered by Erasmus plus and collaborating partners from:

Faculty of Nursing, University of Iceland, Iceland
Nursing Science Department, UMC Utrecht, the Netherlands
Nursing Science Department, University of Turku, Finland,
Institute for Health and Nursing Science, Halle (Saale), Germany
Institute of Health Sciences, Vilnius University, Lithuania
The Nursing School of Lisbon, Portugal
Elevate Online Academy, UMC Utrecht, the Netherlands

Application

Are you interested in following the course? Please register through:

<https://elearning.elevatehealth.eu/orderdirect/nlc/1054>. Do you have questions about the course?

Please send an email to: Lisa van Dongen, project manager Nurse-Lead, L.J.C.vanDongen-5@umcutrecht.nl.

Content

- ✓ Web lectures
- ✓ Readings
- ✓ Individual assignments
- ✓ Peer feedback
- ✓ Discussion forums
- ✓ Quizzes
- ✓ Shadowing

Edition

Leadership in
Nursing

Start

May 2019

Study load

± 42 hours

Facts

Free course